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Bern Psychopathology Scale (BPS-R)

Assessment of the domains of

Language – Affectivity – Motor Behavior

Patient Code:		Site:		
Interviewer:		.Date:		Time:
Observation period:	24 hours (standard)		1 hour	other period







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Language		Negative			Normal	Positive			
Global Qua	antitative Symptoms	□ -3	□ -2	□ -1	□ 0	□ +1	□ +2	□ +3	
L1 Sponta	aneity to speak	Reduced spo	ontaneity to talk			Increased spontaneity to talk			
L2 Speech	pauses	□ More spontaneous pauses				Less spontaneous pauses			
L3 Speech	ı rate	Decelerated speech rate				□ Accelerated speech rate			
L4 Ideas		□ Lack of ideas				□ Inventiveness			
L5 Latency	/ of responses	Prolonged lat	tency of responses	S		□ Shortened latency of responses			
Global Qua	alitative Symptoms	□ -3	□ -2	□ -1	□ 0	□ +1	□ +2	□ +3	
L6 Mistakir	ng identity ¹	□ False negativ	/e			☐ False positive			
L7 Cohere	nce	Thought bloc	king			\square Interruptions of coherence by changing subject			
L8 Interrup	otions	Omissions				□ Intrusions of Speech (incl. neologisms)			
L9 Attributi	ion of terms (Naming)	Ongoing questioning of terms				□ Hasty, playful attribution of terms			
L10 Compre	ehension of meaning	To wonder an way	nd puzzle in an ag	onizing and seeking		Convinced talking			
Global Sub	ojective Signs	□ -3	□ -2	□ -1	□ 0	□ +1	□ +2	□ +3	
L11 Stream	of thoughts	Loss of thoughts				\square Insertions of thoughts, noisy thoughts ²			
L12 Quantit	y of thoughts	Poverty of thoughts				Pressure of thoughts			
L13 Clarity	of thoughts	Perplexity				Confused			
L14 Need to	o talk	□ Lack of need to talk				Urge to talk			
Globa	I Rating Language	□ -3	□ -2	□ -1	□ 0	□ +1	□ +2	□ +3	

 ¹ With emotional valence, assess also in domain Affectivity
² Inclusive auditory verbal hallucinations; with emotional valence, assess also in domain Affectivity



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Affectivity	Negative	Negative			Normal Positive				
Global Objective Signs	□ -3	□ -2	□ -1		□ +1	□ +2	□ +3		
A1 Emotional sensitivity	Easily startle	ed			Easily moved				
A2 Posture	Tensed posture				□ Very relaxed posture				
A3 Mimic	Tensed facial expression				U Welfare, ensouled smile				
A4 Respiration	□ Shallow, fast, snatchy or heavy breath				□ Calm, deep, welfare breath				
A5 Eyes	☐ Wide pupils				☐ Teary-eyed				
A6 Sudor ³	Cold exudation				Warm, dry skin				
A7 Prosody	Pressed, tremulous Voice				□ Stable calm, ceremonial, elevated voice				

³ Assessed objectively



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Affectivity Negative Normal Positive **Global Subjective Signs** □ -2 **□** +1 □ -3 □ -1 **□** +2 **□** +3 Emotion A8 Anxiety / Urge to flight or defend Sustained happiness, elation, ecstasy Worrv A9 □ Threatened □ Airilv Calmness □ Feeling of restlessness □ Feeling of deep inner calmness A10 Well-being General indisposition □ Total well-being A11 Bodily sensation A12 Unpleasant paresthesia □ Pleasant feeling to be perfused Trust A13 □ Suspiciousness □ Feeling of harmony, confidence Help U Wish to give aid A14 □ Want of protection or help Sureness □ Insecure A15 □ Secure **Global Indirect Signs** □ -3 □ -2 **D** +1 **□** +2 **□** +3 A16 Delusions Annihilation, perdition, special weakness (illness, □ Salvation, to be chosen/appointed, special abilities to be extradited, unprotected), negative contacts (healing, second sight), special contacts (god, (devil, criminals), to be hated. Threatened by celebrities), to be loved, richness persecution, conspiracy, poisoning or poorness. A17 Hallucinations⁴ Devil, shadows, police, antic, signs for the dawn of God, Angel, Maria, positive experience in nature, radiation from sky doom Emotional arousal □ Alarmed Deeply moved A18 Attitude (Feeling) A19 □ Hostility Gratitude **Global Rating Affectivity** □ -2 □ +3 □ -1 □ -3 **D** +1 **□** +2

⁴ Inclusive hallucinations in any sensory modality



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Motor-Behavior Negative Positive Normal **Global Quantitative Signs** □ -3 □ -2 □ -1 **D** +1 **□** +2 **□** +3 M1 Spontaneous movements Decreased quantity of spontaneous movements □ Increased quantity of spontaneous movements M2 Spontaneous rest □ More movement pauses Less movement pauses M3 Velocity Decelerated movement rate □ Accelerated movement rate M4 Movement quality □ Monotony of movements □ Playful diversity of movements M5 Excitability □ Sparse reactions in motor behavior Lively reactions in motor behavior **Global Qualitative Signs** □ -2 □ +3 □ -3 □ -1 **D** +1 **□** +2 M6 Motion sequence D Parakinesia/Dyskinesia □ Blockades M7 Volition □ Negativism automatic obedience/ echolalia/echopraxia/verbigerations M8 Functionality of movements □ Rituals/Stereotypies □ Mannerisms M9 Decision-making □ Ambivalence □ Excessive self-will **□** +3 **Global Subjective Signs** □ -3 □ -2 **D** +1 **□** +2 M10 Motor drive Lacking energy to move Urge to move M11 Motor pleasure Lust for moving □ Idleness **Global Rating Motor-Behavior** □ -2 □ -1 **□** +3 □ -3 **D** +1 **□** +2