

CURRICULUM VITAE AND SCIENTIFIC BACKGROUND

Leila Maria Soravia

PD Dr. phil., Psychotherapist

Research group leader at University Hospital of Psychiatry

Head of research at Clinic Suedhang

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EDUCATION/TRAINING

Department of Psychology, University of Bern,
Switzerland

Department of Psychology, University of Zürich,
Switzerland

Academy for behavioural therapy and integrated
methods (AVM-AIM), Bern, Switzerland

Medical Faculty, University of Bern, Switzerland

DEGREE

Diploma in Psychology (Lic. phil.)

Dr. phil. (Ph.D.)

Psychotherapist qualified by the
Federation of Swiss
Psychotherapists (FSP)

Priv. Doz.

YEAR

2002

2005

2014

2017

PROFESSIONAL EXPERIENCE

Research assistant, University Hospital of Psychiatry Bern

Research assistant, Department of Psychology, University of Bern

Doctoral student, Department of Psychology, University of Zürich

Postdoctoral-fellow, Department of Psychology, University of Zürich

Post-doc research-fellow, University Hospital of Psychiatry Bern

Psychotherapist at the outpatient clinic for anxiety and obsessive-compulsive
disorders of the University Hospital of Psychiatry, University of Berne

Head of Research, Clinic Suedhang, center for the treatment of addictive disorders

Psychotherapist at the outpatient clinic Suedhang, Center for the treatment of
addictive disorders

Research group leader, University Hospital of Psychiatry Bern

YEARS

1999 - 2000

1999 - 2002

2003 - 2005

2005 - 2006

2006 - 2017

2008 - 2012

2013 -

2014

2017 -

GRANTS

Medical Faculty of the University of Berne (Kredit Nr. 520.10)

Swiss National Science Foundation (Nr. 32003B_124947)

Travel Grant from the University of Berne

Swiss National Science Foundation for International Short Visits (Nr.

IZK0Z1_145286/1)

Infodrog (BAG)

Medical Faculty of the University of Berne

YEAR

2008

2009

2011

2012

2013

2013

Swiss Society for Alcohol Research (SSA), (NR. 235)	2013
Swiss National Science Foundation (Nr. 105319_159286/1)	2016
Swiss Society for Alcohol Research (SSA), (Nr. 283)	2017

AWARDS

	YEAR
Young Scientist's Award of the Swiss Psychological Society	2007
Poster-prize of the „Deutsche Gesellschaft für Psychiatrie, Psychotherapie und Nervenheilkunde (DGPPN)“	2008
Forel Poster-prize, atf-Fachtagung	2017

PROJECTS

	YEARS
Changes in neuronal correlates induced by alcohol specific inhibition training in patients with alcohol use disorder (SSA Nr. 283)	2018 -
The effect of psychosocial and craving-induced stress on social cognition and decision-making in cocaine users: a longitudinal approach (cooperation with Prof. Dr. Boris Quednow, University of Zurich)	2016 -
Learning to resist the urge: Inhibition training in abstinent alcohol dependent patients (SNF: Nr. 105319_159286/1)	2016 -
Evaluation of the Individualized Treatment for Alcohol Withdrawal (AES) in an inpatient detoxification program	2015 - 2017
Acute effects of cortisol treatment on alcohol craving in alcohol dependence (SSA Nr. 235)	2013 - 2016
Heart-rate variability as a predictor for outcome in alcohol dependence (Grant from the Medical Faculty of the University of Berne)	2013 - 2016
Telephone-based continuing care for alcohol dependence (Grant from Infodrog, BAG)	2013 - 2017
Exposure-based short-term group-therapy for spider phobia	2011 - 2014
Glucocorticoid treatment in combination with exposure therapy for the treatment of social phobia (SNF: Nr. 32003B_124947)	2009 - 2013
Neuronal correlates of glucocorticoid treatment in phobia: a fMRI investigation (Grant from the Medical Faculty of the University of Berne, Nr. 520.10)	2008 - 2012
„Schemazentrierte emotiv-behaviorale Therapie« (SET) für Patienten mit Persönlichkeitsstörungen“ (SNF: Nr. 3200-067932.02)	2006 - 2007
Evaluation of a qualified, outpatient detoxification program for alcohol dependent patients	2006
Psychosocial and neurobiological mechanisms of social phobia: Development and evaluation of a “Psychobiological Group Intervention Program” (SNF: Nr. 105311-100653)	2005 - 2006
Psychosocial and neurobiological mechanisms of social phobia (SNF: 105311-100653)	2003 - 2005
Effects of Cortisone Treatment in Social Anxiety Disorder (SNF: Nr. 3232-05842.99)	2003 - 2006

TEACHING

Regular lectures and seminars in Psychology and Medicine, University of Bern	2010 -
Supervision of Master- and Doctoral-thesis in Psychology and Medicine	

CONGRESS ORGANISATION

9. atf-Fachtagung: «Goal oder Eigengol – Chancen und Risiken von Sucht und Sport». 2014
21.11.2014, Bern
- III. Berner Suchtkongress: «Ein Blick in die Zukunft». 11.-12.06.2015, Bern 2015
11. atf-Fachtagung: «Die vergessene Mehrheit: 90% nicht erreichte Suchtkranke». 2016
10.11.2016, Bern

SOCIETY MEMBERSHIPS

- Schweizerische Gesellschaft für Psychologie (SGP)
Gesellschaft für Verhaltensmodifikation Schweiz (AVM)
Swiss Society of Addiction Medicine (SSAM)
Deutsche Gesellschaft für Psychologie (DGP): Biopsychologie; Klinische Psychologie und Psychotherapie