

# Nora Olivia Seiffert

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## Curriculum Vitae

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### Education

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| 09/19 – present | Doctoral studies at the Faculty of Human Sciences, University of Bern                                                                                                                                                                                                              |
| 09/17 – 07/19   | Master of Science in Psychology, University of Basel<br>Major: Clinical Psychology and Neuroscience<br><br>Thesis: Die Effektivität der Therapie von Angststörungen und verwandten Störungen mit Hilfe von virtueller Realität und erweiterter Realität: eine systematische Review |
| 09/14 – 07/17   | Bachelor of Science in Psychology, University of Basel<br>Major: Psychology<br><br>Thesis: Können ältere Erwachsene besser mit Ablehnung und Konflikt umgehen?                                                                                                                     |
| 06/14           | Matura<br>Kantonsschule Wettingen<br>Major: Philosophy, Psychology, Pedagogy                                                                                                                                                                                                       |

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### Working Experience

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| 09/19 - present | Research fellow at the research department of the University Hospital of Child and Adolescent Psychiatry and Psychotherapy (Prof. Dr. med. Michael Kaess), University Psychiatric Department (UPD) Bern AG |
| 06/18 – 09/18   | Internship at the department of Clinical Neurophysiology (Dr. phil. Antonia Meyer), University Hospital Basel                                                                                              |
| 07/16 – 01/17   | Internship at the Center of affective, stress and sleep disorders (PD Dr. med. Thorsten Mikoteit), University Hospital of Psychiatry Basel                                                                 |
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## Publications

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**Seiffert, N.**, Cavelti, M., Koenig, J., Santangelo, P., Lerch, S., Resch, F., Ebner-Priemer, U., & Kaess, M. (2022). Object constancy in adolescents with borderline personality disorder pathology. *Personality Disorders: Theory, Research, and Treatment*. Advance online publication. <https://doi.org/10.1037/per0000558>

**Seiffert, N.**, Cavelti, M., & Kaess, M. (2020). Klinische Stadienmodelle in der Früherkennung und -behandlung der Borderline-Persönlichkeitsstörung. *Psychotherapeut*, 1-6.

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## Awards

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07/21                      Poster award for the scientific poster 'Objektkonstanz bei Jugendlichen mit Borderline-Pathologie'. Research conference of the German Association for Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy (DGKJP), Cologne, Germany, and online, 350 Euro.

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## Conference Presentations

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05/22                      Cavelti, M., **Seiffert, N.**, Lerch, S., Koenig, J., Reichl, C., Kaess, M. Differentielle Therapieeffekte für Jugendliche mit Borderline-Persönlichkeitsstörung in ambulanter versus stationärer Therapie. *Talk*. Research conference of the German Association for Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy (DGKJP), Magdeburg, Germany, and online.

07/21                      **Seiffert, N.**, Cavelti, M., Koenig, J., Santangelo, P., Lerch, S., Resch, F., Ebner-Priemer, U., Kaess, M. Objektkonstanz bei Jugendlichen mit Borderline-Pathologie. *Poster*. Research conference of the German Association for Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy (DGKJP), Cologne, Germany, and online.

06/21                      **Seiffert, N.**, Cavelti, M., Koenig, J., Santangelo, P., Lerch, S., Resch, F., Ebner-Priemer, U., Kaess, M. Object constancy in adolescents with borderline personality disorder features. *Poster*. Research conference of the International Society for the Study of Self-Injury (ISSS), online.

07/17                      Mikoteit T., Pawlowski M.A., **Seiffert N.**, Seelig E., Bilz S., Hatzinger M., Holsboer-Trachsler E. Heart rate variability measures during sleep distinguish between insomnia and restoring sleep. *Poster*. World Congress of Biological Psychiatry, Copenhagen, Denmark.